

**PHYSICIANS' YOUTHFUL RESOLUTIONS
REGENERATIVE MEDICINE & ANTI-AGING**

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Health=Beauty

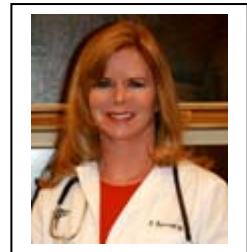
This year the American Board of Anti-Aging Medicine celebrates ten years of the science of anti-aging medicine. The physicians of Physicians' Youthful Resolutions are proud to be a part of this extraordinary anti-aging medical movement which embraces innovative medical discoveries and technological advancements. Our patients are truly experiencing life-enhancing benefits through the latest advances in both service and science.

Physicians' Youthful Resolutions is a concierge medical practice wherein the doctor-patient relationship is taken to "the next level" of care through greater focus on all aspects of one's physical, emotional and mental well being. Our Anti-Aging and Regenerative Medicine Program is a comprehensive approach designed to enhance the quantity and quality of our patient's lives. As our physicians are not bound by insurance regulations that dictate office visit time and/or treatment, they are able to practice advanced medicine specifically tailored to the unique needs of each patient. At Physicians' Youthful Resolutions, you will feel secure knowing that your regenerative medicine and anti-aging care is provided by Board Certified Medical Doctors in a safe and private environment.

Make today the day you reclaim your youthful inner-self through the power of knowledge. Let us show you the amazing benefits of advanced hormonal therapy, nutritional and herbal supplements, proper diet, exercise, nutraceuticals and personal counseling. It's never too late to discover a younger looking appearance, increased energy and mental clarity, and a healthier, happier life.



Barbie J. Barrett, M.D. is dual Board Certified by the American Board of Anti-Aging and Regenerative Medicine, as well as the American Board of Emergency Medicine. She is a Clinical Assistant Professor at Stanford University and Medical Center. Dr. Barrett has also served as Affiliate Faculty for University of California at Davis, University of California at Irvine and numerous San Francisco hospitals. Dr. Barrett's residency and internship were completed at the prestigious University of Southern California, Los Angeles County's Medical and Trauma Center. She received her Medical Degree from Michigan State University. Dr. Barrett is also a trainer and medical advisor in cosmetic and trauma skin care.



Dr. Barrett maintains membership in the American Academy of Anti-Aging Medicine. She is certified in the therapeutic and cosmetic use of facial fillers, Neuro-Muscular blockers, Sclerotherapy, and chemical peels, as well as an expert in the safe and effective use of lasers. As a media personality, international speaker and researcher, Dr. Barrett has written and been quoted in numerous trade and consumer publications. Along with her husband, Dr. Andrew Jurow, she is dedicated to educating the general public to the benefits of scientific aging management along with a healthy lifestyle that includes exercise and sound nutritional practices.

Discover the Beauty of Science at Physicians' Youthful Resolutions

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